



# Upcoming Events



April 19th  
Coffee House Tues. 8-11 pm

April 20th

Spring Workday 11:00-2:00

Zumba 7:00 pm

April 25 -29

Stress Free Week Activities

April 27th

Adoration 9:00—10:00

April 29th

Student Appreciation Banquet  
7:00 pm

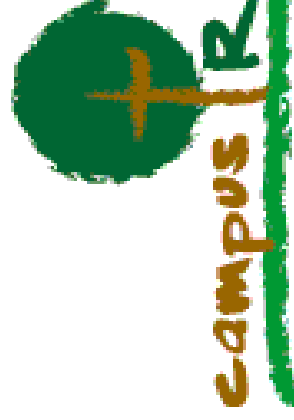


**Dinner for \$1 -April 21**

## MEDJUGORJE MESSAGE

(Message from March 18 , 2011)

*“Dear children! I am with you in the name of the greatest Love, in the name of your dear God, who has come close to you through my Son and has shown you real love. I desire to lead you on the way of God. I desire to teach you real love so that others may see it in you, that you may see it in others, that you may be a brother to them and that others may see a merciful brother in you. My children, do not be afraid to open your hearts to me. With motherly love, I will show you what I expect of each of you, what I expect of my apostles. Set out with me. Thank you.”*



**Campus Renew Faith Sharing meets every Tuesday at 7 PM.**

## CALENDAR

Day	Date	Activity	Time
Sunday	April 17	Choir Practice — Mass	6:00 — 7:00
Tuesday	April 19	Faith Sharing — Coffee House	7:00 pm — 8:00 to 11:00
Wednesday	April 20	Spring Workday — Zumba	11:00—2:00 — 700pm
Thursday	April 21	Dinner for \$1	6:00 PM
Sunday	April 24	NO Mass	

### Fasting and Abstinence During Lent

In 1966 Pope Paul VI reorganized the Church's practice of public penance in his "Apostolic Constitution on Penance" (*Poenitentiam*). The 1983 revision of the Code of Canon Law incorporated the changes made by Pope Paul. Not long after that, the U.S. bishops applied the canonical requirements to the practice of public penance in our country.

To sum up those requirements, Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. Fasting as explained by the U.S. bishops means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening depending on when a person chooses to eat the main or full meal.

**Abstinence forbids the use of meat, but not of eggs, milk products or condiments made of animal fat.**

**Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consommé, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are not forbidden. So it is permissible to use margarine and lard. Even bacon drippings which contain little bits of meat may be poured over lettuce as seasoning.**

## Stress Free Week Activities

Monday, April 25

*CarriVal* on the front Lawn 12:00 noon –4:00pm

Tuesday, April 26

Faith Sharing

Wednesday, April 27

Adoration

Thursday, April 28

Masses 12:00noon - 2:00pm

Dinner for \$1 6:00pm

Scavenger Hunt after dinner

Friday, April 29

Ice Cream Sundaes

## Newman Center Spring Workday



Come help beautify the

flower garden in front of the

Newman Center.

Wed. April 20th

11:00am - 2:00pm

(Lunch included)

